

NCAA III REGIONALS - WOMEN'S ALL-WEST HONORS

	<u>Individual</u>	<u>Time</u>	<u>Team Place</u>
1979	39. Susan Krohn	20:31	7th - 188 pts. at Sacramento State AIAW Region 8 meet
	41. Kathryn Laun	20:34	
	48. Ruth Hales	20:48	
	52. Jenny Stary	20:55	
1980	23. Amy Phillips	19:37	incomplete team at El Dorado Park, Long Beach AIAW Region 8 meet (5k)
	24. Marge Patterson	19:41	
	31. Gloria Grigsby	20:02	
1981	7. Jamie Smith	21:03	2nd - 72 pts. at Whittier College (5k)
	11. Gloria Grigsby	21:38	
	12. Susan Krohn	21:39	
	16. Becky Beal	22:24	
1982	4. Amy Phillips	18:24	2nd - 83 pts. at Castaic Lake (5k)
	18. Becky Beal	19:58	
	19. Jamie Smith	20:00	
	20. Kara Kirk	20:03	
1983	2. Becky Beal	18:09	2nd - 50 pts. at Mills College (5k)
	6. Amy Phillips	18:37	
	9. Cassie Hartzog	19:02	
	18. Kara Kirk	20:10	
	19. Marge Patterson	20:14	
1984	6. Becky Beal	18:31	4th - 84 pts. at Bonelli Park (5k)
	7. Cassie Hartzog	18:47	
1985	3. Cassie Hartzog	18:12	4th - 96 pts. at CSU Stanislaus (5k)
	17. Claudia Crawford	19:42	
1986	none		incomplete team at UC San Diego (5k)
1987	none		10th - 300 pts. at Crystal Springs (5k)
1988	5. Kelly Redfield	18:59	4th - 113 pts. at Castaic Lake (5k)
	12. Andrea Shane	19:36	
1989	4. Kelly Redfield	19:22	2nd - 78 pts. at UC Santa Cruz (5k)
	6. Andrea Shane	19:36	
	14. Mary Raney	20:36	
1990	3. Kelly Redfield	18:13	3rd - 59 pts. at Bonelli Park (5k)
	9. Rachel Unger	19:27	
	12. Susan Burr	19:38	
	16. Mary Raney	20:08	
	19. Judith Alderman	20:17	
1991	2. Kelly Redfield	18:47	2nd - 47 pts. at Polo Grounds, UCSD (5k)
	7. Judith Alderman	19:52	
	9. Negar Knowles	19:54	
	10. Heather Scott	19:58	
1992	11. Sonya Patton	21:08	5th - 99 pts. at Mills College (5k)
	19. Heather Scott	21:49	
1993	6. Katie Burco	19:21	4th - 101 pts. at Prado Park (5k)
	8. Sonya Patton	19:33	
	20. Julia Burco	20:04	

1994	14.	Katie Burco	20:07	5th - 115 pts. at Prado Park (5k)
	17.	Eliza Gaenger	20:13	
	19.	Amy Hanlon	20:23	
1995	8.	Stephanie Shideler	19:47	6th - 161 pts. at UC San Diego (5k)
1996	17.	Leah Barnes	20:30	4th - 141 pts. at Prado Park (5k)
1997	13.	Anastasia Finnegan	20:05	6th - 155 pts. at Prado Park (5k)
1998	7.	Leah Barnes	19:15	9th - 225 pts. at Prado Park (5k)
	16.	Anastasia Finnegan	19:40	
1999 *	4.	Anastasia Finnegan	18:43	6th - 151 pts. at Mclver Park, OR (5k)
	16.	Leah Barnes	19:20	
2000	28.	Laura Bishop	19:40	10th - 239 pts. at Prado Park (5k)
2001	2.	Laura Bishop	17:59	7th – 150 pts. at Bush Park, OR (5k)
	18.	Stefanie McDougall	18:58	
	30.	Heather Callahan	19:24	
2002	18.	Amy Rapp	23:30	8th – 183 pts. at Prado Park (6k)
	22.	Ann Prouty	23:39	
2003	33.	Stefanie McDougall	23:46	8th - 188 pts. at Mclver Park, OR (6k)
2004		none		12th - 336 pts. at Prado Park (6k)
2005	31.	Amy Rapp	23:39	8th - 237 pts. at Bush Park, OR (6k)
2006	34.	Kirsten Rasmussen	24:24	12th - 310 pts. at Prado Park (6k)
2007	6.	Alicia Freese	21:59	no team at Mclver Park, OR (6k)
2008	3.	Alicia Freese	21:56	2 nd – 89 pts. at Bush Park, OR (6k)
	10.	Anna Scharfen	22:22	
	11.	Maddy Kieselhorst	22:26	
	25.	Rose Haag	23:06	

* All Region honors to the top 35 finishers beginning in 1999.

WOMEN'S NATIONAL MEET QUALIFIERS

		<u>Individual</u>	<u>Time</u>	<u>Location</u>
1981	46.	Jamie Smith	20:56	Carthage College Kenosha, Wisconsin
	57.	Gloria Grigsby	21:17	
	59.	Becky Beal	21:31	Team Place: 7th - 174 pts.
	62.	Susan Krohn	21:52	
	71.	Marge Patterson	22:22	
	79.	Martha Merritt	23:51	
	86.	Julie Jarros (89 finishers)	24:44	
1982	75.	Amy Phillips	21:18	State University, Fredonia Fredonia, NY
	86.	Becky Beal	21:48	
	90.	Kara Kirk	21:55	Team Place: 12th - 305 pts.
	99.	Peggy Robinson	22:43	
	101.	Jamie Smith	23:25	
	102.	Marge Patterson	23:31	
	107.	Dana Mishne (115 finishers)	24:08	
1983	74.	Amy Phillips	18:49	Christopher Newport College Newport News, Virginia
	83.	Becky Beal (115 finishers)	19:06	
1985	49.	Cassie Hartzog (111 finishers)	20:18	Emory University Atlanta, Georgia
1988	92.	Kelly Redfield (133 finishers)	19:50	Washington University St. Louis, Missouri
1989	75.	Kelly Redfield	19:00	Augustana College Rock Island, Illinois
	77.	Andrea Shane (135 finishers)	19:01	
1990	33.	Kelly Redfield (135 finishers)	18:38.5	Grinnell College Grinnell, Iowa
1991	22.	Kelly Redfield	18:12	Christopher Newport College Newport News, Virginia
	64.	Judith Alderman	18:57	
	108.	Negar Knowles (135 finishers)	19:52	
1993	60.	Katie Burco	18:57	Grinnell College Grinnell, Iowa
	92.	Sonya Patton (182 finishers)	19:15	
1998	53.	Leah Barnes (183 finishers)	19:01	Dickinson College Carlisle, PA
1999	76.	Anastasia Finnegan (213 finishers)	18:06.1	UWisc-Oshkosh Oshkosh, WI
2001	dnf	Laura Bishop (213 finishers)	dnf	Augustana College Rock Island, Illinois
2007	47.	Alicia Freese (280 finishers)	22:28.2	St. Olaf College Northfield, MN

2008

22.	Alicia Freese	21:32.83	Hanover College
84.	Anna Scharfen	22:19.87	Hanover, IN
128.	Maddy Kieselhorst	22:40.70	
195.	Rose Haag	23:17.73	
223.	Zoe Meyers	23:34.05	
266.	Kayla Eland	24:17.51	
268.	Shelley Chestler	24:20.35	

(279 finishers)